

#### Montessori Cosmic Education: Nurturing a Balanced Mind in Elementary Children

Cosmic Education serves as a foundation for developing both creativity and reasoning mind. This holistic approach encourages children to understand their place in the universe, fostering a sense of interconnectedness with all living things. Through subjects like geometry, geography, biology, history, and the arts, children explore the grand narratives that shape our world.

This approach promotes collaboration and empathy. Working on group projects related to environmental stewardship or cultural studies encourages students to share perspectives and ideas. As they learn about global issues, they develop compassion and a sense of responsibility, which are crucial for positive behaviour and mental well-being.

"The freedom to choose activities helps children develop self-discipline and confidence."



# REASONING MIND & CREATIVITY AS A CATALYST FOR WELL-BEING

- The NEW Montessori Approach at DMS

In an era where mental health is increasingly prioritized, the Montessori approach to education stands out for its emphasis on nurturing creativity and critical thinking in children. This approach not only enhances academic skills but also contributes to the mental health and positive behaviour of the children.

Discovery Montessori School (DMS), with over 15 years of leadership in Montessori education, provides a thoughtfully prepared environment where children are encouraged to explore, experiment, and express themselves, nurturing their innate curiosity and problem-solving abilities.

### The Montessori Philosophy: Empowering Young Minds

At the heart of the Montessori philosophy is the belief that children are naturally curious learners. This method promotes self-directed learning, allowing children to take ownership of their educational journeys. By giving children the freedom to choose their "works", they develop independence and self-esteem, essential components for mental health.

Dr Christie Leung, School Supervisor at DMS, notes, "The Montessori environment is designed to ignite curiosity and foster independent thinking, allowing children to engage deeply in learning with the materials." This autonomy helps children build confidence and resilience, enabling them to navigate challenges without the pressure of constant comparison.

#### The Prepared Environment: A Catalyst for Creativity

A key aspect of the Montessori method is the Prepared Class Environment, which is intentionally designed to stimulate creativity and reasoning mind. Every material is accessible, inviting, and purposeful, encouraging children to explore new ideas. From hands-on activities in math and science to artistic expression, children are constantly making discoveries that engage their creative and logical minds from infancy through elementary age.



#### Bilingualism: Enhancing Creativity and Empathy

The bilingual program at DMS, which incorporates English and Mandarin, further nurtures creativity and reasoning. Research indicates that learning multiple languages enhances cognitive flexibility, stimulating creative thought. Children experience the world through diverse linguistic and cultural lenses, fostering empathy and broadening their problem-solving skills.

## "The ability to think in two languages nurtures empathy and creativity.

Dr. Christie Leung, M.Ed, PhD, AMI 3-6 & AMI 6-12



"Our goal is to create imaginative thinkers and compassionate leaders."

#### Preparing for Lifelong Well-Being

At DMS, individualized approach ensures that creativity and critical thinking are nurtured according to each child's developmental needs.

Many global leaders were once Montessori children who were nurtured during their formative years. In a world that places growing emphasis on innovation and emotional intelligence, the Montessori method continues to serve as a guiding light for fostering the next generation of creative thinkers.

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Discovery Montessori School

Dr. Maria Montessori